

XII MASTER DIVING TRAINING CAMP



AUGUST 25-30, 2025



DIVING FOR EVERYONE

A week of intensive training:
tailored activities for all skill levels



TWO DAILY SESSIONS

Over 20 hours of training to perfect
and master your diving skills



A BEAUTIFUL, RESERVED POOL

A world-class, fully equipped diving complex
in the heart of Rome - exclusively for you



TRAIN WITH OUR CHAMPIONS

An Olympic-level technical staff
curated by Italy's top diving club



WHY OUR CAMP?

expert coaching
top-class facilities
decades of experience
fun, supportive environment
fostering teamwork



LIMITED SPOTS AVAILABLE, SECURE YOUR PLACE NOW!



www.tuffimrsport.it/info/mastercamp



mastercamp@tuffimrsport.it

A MESSAGE FROM OUR CLUB PRESIDENT



M.R. Sport dei Fratelli Marconi ASD is delighted to announce the twelfth edition of the **Master Diving Training Camp**, our renowned week-long intensive training course open to Master divers from around the world.

Yet again, our club and coaches are committed to providing you with a top-class experience, thanks to the dedication of our team and the expertise we continue to refine year after year.

The Stadio del Nuoto – Foro Italico swimming complex will once again serve as the stunning venue for the Master Camp, offering world-class facilities for an unforgettable training experience.

If you have any questions not covered in this booklet, please feel free to contact us at our dedicated mailbox: mastercamp@tuffimrsport.it

We look forward to welcoming you to Rome!

Domenico Rinaldi

M.R. Sport asd President

DATES AND PROGRAMME

The twelfth **Master Diving Training Camp** (*Master Camp* for short) will take place **from August 25 to 30, 2025**.

Master Camp participants will be divided into groups based on their registration and skill level (**novice**, **beginner**, **intermediate**, and **expert**). Each group will consist of 8 to 10 divers, following the structure used in previous years.

Each day, we will have one or two training sessions, following this schedule:

- **Monday to Friday:** 10 AM – 12 PM, 4 PM – 6 PM
- **Saturday:** 10 AM – 1 PM

Each training session will be divided into two parts: in the first part, some groups will train in the gym while others practice and dive in the pool. In the second part, the groups will switch.

On **Saturday**, the final part of the session will feature a friendly mixed-team competition, giving you the opportunity to practice your new and improved dives. Participation is optional – but it will be fun, and you might even get some special gadgets!

THE VENUE

We will host our Master Camp at the outdoor pool of the **Stadio del Nuoto – Foro Italico** diving and swimming complex in **Rome**, a world-class pool which hosted the World Aquatics Championships in 2009 and the European Aquatics Championships and Masters Championships in 2022.

The facility meets all World Aquatics Rules and Regulations. It is equipped with four 1-meter springboards, three 3-meter springboards, a full platform tower and a bubble system. A fully equipped gym, trampolines, dryland springboards, and rigs will also be available.

THE COACHES

A high-level technical staff will be available for the Master Camp, including highly experienced divers and former divers, as well as Olympic, European, and national-level certified coaches and trainers. They are part of our seven-time consecutive Italian champion team, and will be supported by established partners.

At this time, our club cannot guarantee the presence of specific coaches or trainers due to the intense 2025 season, which will conclude just two weeks before the Camp with the National Championships – once again, our divers and coaches will have very little rest!

HOW TO JOIN

A **limited number of spots** will be available for reservation due to venue and coaching availability, on a first-come, first-served basis. We strongly believe in providing the best possible experience, which is why we have never — and will never — overcrowd the pool, ensuring each participant receives proper attention.

The participation fee for 2025 is **€ 350.00**. To reserve a spot, the following steps are REQUIRED:

1. **Fill out the reservation form**, which will remain open **until full capacity is reached**. You will receive an email confirmation within **24-48 hours** with further instructions.
2. **Within 10 days** of your reservation, **make a € 150.00 wire transfer** to our bank account and **send a copy of the transfer via email**. You will receive a second email confirmation within **24-48 hours**.
3. **Complete the final form** included in the second email **no later than July 10**. If you forget, you will receive some reminders. In the case of last-minute registrations from the waiting list, you will be required to complete the final form **within 10 days** of your reservation. You will receive a final email confirmation within **24-48 hours**.

If you miss step 1 and the Camp reaches full capacity, you will be placed on the **waiting list**. As soon as a spot becomes available, we will contact you. The waiting list also operates on a first-come, first-served basis.

If you miss step 2 or 3, your registration **will be voided**, and your spot will be reassigned to the next participant on the waiting list.

You will be able to make the final payment for the fee upon your arrival, on August 25. Please bring a **sealed envelope** with your full name written on the front, containing **€ 200.00 in cash**, which will be collected by one of our coaches.

RESERVATION FORM HERE:

<https://forms.gle/svQ7HPDY9D5PnMBCA>

ADVANCE WIRE TRANSFER INFORMATION

Transfer reason: MASTERCAMP 2025 – [SURNAME NAME]

IBAN: IT81P0344003216000000265600

Holder: M.R. Sport dei Fratelli Marconi A.S.D.

Bank Name: Banco di Desio e della Brianza S.p.A.

BIC/SWIFT: BDBDIT22XXX

REFUND POLICY

If you can no longer attend the Master Camp, please note that your advance payment may have already been partially or fully allocated. The payment is required because we have to book and pay in advance people and facilities for the Master Camp.

In the event of cancellation, you may request a refund as follows:

- **Before May 15:** € 75.00 refund (50%)
- **From May 16 to June 30:** € 45.00 refund (30%)
- **After July 1:** No refunds

FREQUENTLY ASKED QUESTIONS

- Our coaches speak Italian, English, and Spanish.
- Any credit or discount you may be eligible for will be redeemed in August.
- The quota includes basic insurance and there is lifeguard service at the pool. All of our coaches have certified lifeguard training as well.
- You don't need any special equipment at the pool. Bring a backpack or a duffel bag with:
 - comfy gym attire (a tee, shorts and fitness shoes will be fine) for the gym session;
 - swimsuit and slippers (and a shammy if you have one) for the pool training;
 - all you need for showering and leaving the pool after the session.
- We don't offer specific accommodation options ourselves, because many divers showed quite different needs in early years and we discontinued affiliated options. We recommend to look options in Della Vittoria and Flaminio districts, which usually have plenty of available options in late summer and they're not far from both the pool and the Vatican City area, and the pool is very well served by public transportation from those districts. The area around the Vatican (Cipro) and the Prati district are fine too, and so are Ponte Milvio (which doubles as a main hub for meals) and the Stelluti district.
- A custom map with the highlighted districts is available here: <https://shorturl.at/MNTgJ>
- If you need a receipt, please select the appropriate field in the reservation form. You will receive it before the end of the Master Camp week.
- If you already know that you won't be able to attend for more than four days, please let us know by replying to the first confirmation email.
- If you need help or additional information, or have any unanswered questions, please email us at mastercamp@tuffimrsport.it — our representatives will be happy to assist you.